

Halo

Health Achievement & Learning Opportunities

A service for adults
with learning
disability and support
for their carers





Pickup and drop off service for members

A Community based service for people with learning disabilities and their carers

Make friends, have fun and learn new skills in a friendly, healthy, positive environment

We support members and carers to have more choice and control

We welcome individuals who receive direct payments and personal budgets (Please enquire)

Trained personal assistants available during the week, weekends and evenings

Activities for members

Keeping Fit

- Chair Based Exercise
- Pilates
- Yoga
- Gym Sessions
- Walking Group



Support for carers

Support Group

- Carers welcome to take part in all activities
- Activities to suit the carer's needs
- Community cafe available at affordable prices



Learning

- Healthy Activities
- Arts and Crafts
- Computers
- I.T.



Times Services Available

Mon:	9am to 3pm
Tue:	9am to 3pm
Wed:	9am to 3pm
Thur:	9am to 3pm
Fri:	9am to 3pm

Leisure

- Board Games
- TV and Film Day
- Nintendo Wii Game

All Activities are designed to take into account religious and cultural needs of the individual.

We provide ongoing support to individuals and their families and carers.

We support individuals to be independent and promote dignity and choice

We use a person centred approach to support learning for living and work

We help remove barriers to inclusion

Our multi-lingual and multi-cultural staff:



All enquiries to:

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